

SANDBOX

VOLLEYBALL CLUB



Summer 2024 Volley Tots and Instructional Programs

Our Volley Tots Program and Instructional Program are back for 2024! VOLLEYTOTS is designed to introduce volleyball to first-time players, ages 6 to 8, with a focus on developing a LOVE for this awesome sport. Our Instructional Program is for older (ages 9-11), but still relatively inexperienced athletes (one year or less organized experience). Participants in both programs will get instruction and training on serving, passing, setting, and hitting, while engaging in a variety of mini-games geared to allow them to develop those skills while also having LOTS of fun! We have ratios of NO MORE THAN 6:1 in VolleyTots and 8:1 in Instructional so YOUR young athlete gets LOTS of personal attention and coaching! HOWEVER, THESE PROGRAMS DO FILL UP, SO **REGISTER NOW!**

PROGRAM DETAILS ...

WHO: Girls AND Boys

AGES:

VOLLEY TOTS: ages 6-8

INSTRUCTIONAL: ages 9-11

WHEN: Program runs 6/11 - 8/1

(No session on July 4)

Every Tuesday and Thursday

VOLLEY TOTS: 9:00am-10:25am

INSTRUCTIONAL: 10:30am-12:00pm

COST:

Two sessions/week: \$150/participant

Sign up, pay in full by 4/15 for free T-shirt!



JOIN THE CLUB FOR FUN IN THE SAND THIS SUMMER!

For more information, contact:
SandBox Volleyball Club Director
Jonathan Tsilimos

Phone:

440-781-3968

Email:

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OUR PROGRAMS FOCUS ON:

- > Serving > Passing ("bumping") > Setting the ball
- > Hitting ("spiking") > Movement > Game Theory > FUN!!!



Instructional Registration



VolleyTots Registration

www.sandboxvb.com