

SANDBOX VOLLEYBALL CLUB INDOOR SAND TRAINING PROGRAM

- 1. Location/Dates: We are delighted to announce our new partnership with NEO Sports Plant, Northeast Ohio's oldest indoor sand volleyball facility. Conveniently located just a few minutes off I-90 on Cleveland's east side (20001 Euclid Avenue, Cleveland, OH 44117), the Sports Plant will give SandBox Volleyball Club's indoor program the opportunity to grow! Our indoor sand training program will begin November 6 and conclude for the season on March 7.
- 2. When You Join the Program: Accept Your Contract. When you decide to join the Indoor Sand program, you will need to accept the player/parent agreement for the season. You will receive an "e-sign" document to commit to the program, which you should read before signing.
- **3.** Payment of Program Fees. A non-refundable deposit of \$300 is due at the time you sign your contract and join the program. Subsequently, payments are automatically drafted according to the schedule below.
- 4. Memberships: p1440, AVP, AAU, USAV. You must be an AVP member in order to participate in our program. You may also want to join USAV, p1440, or AAU to compete in events affiliated with those organizations.

5. Program Training

Full-Time Training:Every Monday, Tuesday, and Thursday (4:30-6:10pm)Part-Time Training:Athlete selects one weekly day for training (4:30-6:10pm)No Training on 11/21, 11/23, 12/25, 12/26, and 1/1/24

6. Tournament Play

SandBox will host one or two events during the season at NEO Sports Plant. SandBox will also assist athletes in finding travel events to play at in Florida, Georgia, Alabama, and Texas during the winter months.

All tournament participation is decided by the athlete and his/her parents, along with his/her partner, according to the schedule that makes the most sense for them. One of the best parts of beach volleyball is you decide where, when, and with whom you play – even if your partner lives in a different state!

TRAVEL TOURNAMENT RECOMMENDED EVENTS

Tournament Date	Tournament Name	Location
Late November	AVP America Junior East Coast Championships	Clearwater Beach, FL
Late December	p1440 Tavares Championships	Tavares, FL
January	AVP 2-Star Qualifier	Florida
Late February	p1440 Gulf Shores Event	Gulf Shores, AL
Early May	Beach Fest National Qualifier	Gulf Shores, AL
Local Events	USAV and AVP	Loveland, OH Columbus, OH

If you have any questions regarding the program, please contact Phil Margevicius at (216) 925-3054 or by email at <u>philmargevicius@gmail.com</u>. If you have questions regarding billing, please email <u>sandboxvb@gmail.com</u>.

5. SandBox Indoor Sand Program – Fees and Gear

Uniforms/Gear: Full-Time Program Only

2 EXCLUSIVE Club Tank Jerseys; 1 L/S Dri-fit; 1 Club Backpack

What Your Program Fee Covers:

All training sessions; coaching at select travel tournaments; all training equipment.

Fee Structure (through Picklejuice Registration – all fees are non-refundable):

Full-Time Training Program:Total Cost - \$1,050.00Deposit: \$300.00 (due at signing)Additional Payments of \$250 due on October 1, November 1, and December 1.

Part-Time Training Program: Total Cost - \$600.00 Deposit: \$300.00 (due at signing) Additional Payments of \$150 due on October 1 and November 1.

6. Goals for Players

- Stay proactive with college beach volleyball camps and clinics
- Stay on top of your training to keep improving
- Increase vertical jumping through training sessions
- Meet athlete friends from all over the country
- Work on sportsmanship and leadership qualities be a great teammate!
- Set weekly and monthly goals
- Master all skills of the game

7. Goals for Coaches

- Give athletes the opportunity to grow as players and people
- Have a great experience learning to play this great sport
- Get athletes seen by colleges and provide opportunities for scholarships

8. Why Beach Is Better Than Indoor (Isn't It Obvious?!?)

- January-March tournaments in Florida and Texas vs. Michigan and Indiana
- "No bench on the beach" every athlete plays every point of every match
- Beach volleyball recruiting opportunities to play in college are EXPLODING
- Parents love beach volleyball tournaments because they get a chance to relax in a competitive yet fun environment. Beach volleyball tournament weekends will feel like mini-vacations in the middle of the doldrums of northeast Ohio's cold winter.

9. Full-Time Program vs. Part-Time Program

With the full-time program you get...

- Sand training three days a week from November 6 through the first week of March
- Full Uniform/Gear Package
- Coaching at specific travel events (TBA)
- 50% discount off the SandBox Volleyball Club summer program for 2023

With the part-time program you get ...

- Sand training one day/week (your choice of day) from November 6 through March 7
- Coaching at local events
- 25% discount off the SandBox Volleyball Club summer program for 2023

QUESTIONS? EMAIL <u>SANDBOXVB@GMAIL.COM</u> TO LEARN MORE!

