

# SANDBOX

## VOLLEYBALL CLUB



### Summer 2022 Volley Tots and Instructional Programs

Our Volley Tots Program and Instructional Program return in 2022! VolleyTots is designed to introduce volleyball to first-time players, ages 9 and under, with a focus on developing a LOVE of this awesome sport. Our Instructional Program is for older (ages 9-12), but still relatively inexperienced athletes. Participants in both programs will get top notch instruction on serving, passing, setting, and hitting, and engage in a variety of mini-games geared to allow them to develop those skills while also having fun!

*Our Volley Tots Program and Instructional Program begin Thursday, June 2!*

#### PROGRAM DETAILS ...

**WHO:** Girls AND Boys

**AGES:**

**VOLLEY TOTS:** age 9 and under

**INSTRUCTIONAL:** ages 9-12

**WHEN:** Program runs 6/2 - 7/28 (8 weeks)

Tuesday Session and/or Thursday Session

**VOLLEY TOTS:** 9:00am-10:20am

**INSTRUCTIONAL:** 10:30am-12:00pm

**COST:**

One session/week: \$125/participant

Two sessions/week: \$175/participant



For more information, contact:

SandBox Club Director

**Jonathan Tsilimos**

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#### OUR PROGRAMS FOCUS ON:

- > Serving the ball
- > Passing the ball
- > Setting the ball
- > Hitting the ball
- > Court Movement without the ball
- > Game Theory

*and FUN!*

*Register at [www.sandboxvb.com](http://www.sandboxvb.com)*